

# REGRESSION ANALYSIS OF RECURRENT EVENT DATA

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Reference: The Statistical Analysis of Recurrent Events  
by R.J. Cook and J.F. Lawless (Springer, 2007)

# OUTLINE

1. Review of notation and types of problems
2. Introduction of examples
3. Regression methodology for mean and rate functions
4. Illustrations
5. Extensions and topics needing development

# 1. Review of notation and types of problems

- Repeated occurrences of some type of event
  - recurrent infections or disease episodes  
(e.g. bronchial infections, herpes simplex outbreaks)
  - epileptic seizures, asthma attacks
  - warranty claims for manufactured products
  - failures in software systems
- In general, consider multiple units or individuals  $i = 1, 2, \dots$  and a time scale  $t$

$$N_i(t) = \text{number of events up to time } t \text{ for unit } i \quad (t \geq 0)$$

- Objectives of analysis include
  - understanding and characterizing event occurrence (patterns over time, probabilities, dynamics)
  - explaining unit-to-unit variability (covariates, comparisons, treatments, excess variation)
  - assessing relationships with time-varying covariates or other processes
  - prediction
- Covariates (explanatory variables)  $x_i$ 
  - fixed or time-varying

- Ways of looking at recurrent events
  - counts of cumulative numbers of events, or numbers in distinct time intervals
  - “gap” times between successive events
  - event intensities (probability of new event, given past events)
- Here we focus on counts: fundamental characteristics are then the means, variances and covariances, and distribution of counts for specified time intervals.

mean (cumulative) function or MCF:  $\mu_i(t) = E \{N_i(t)\}$

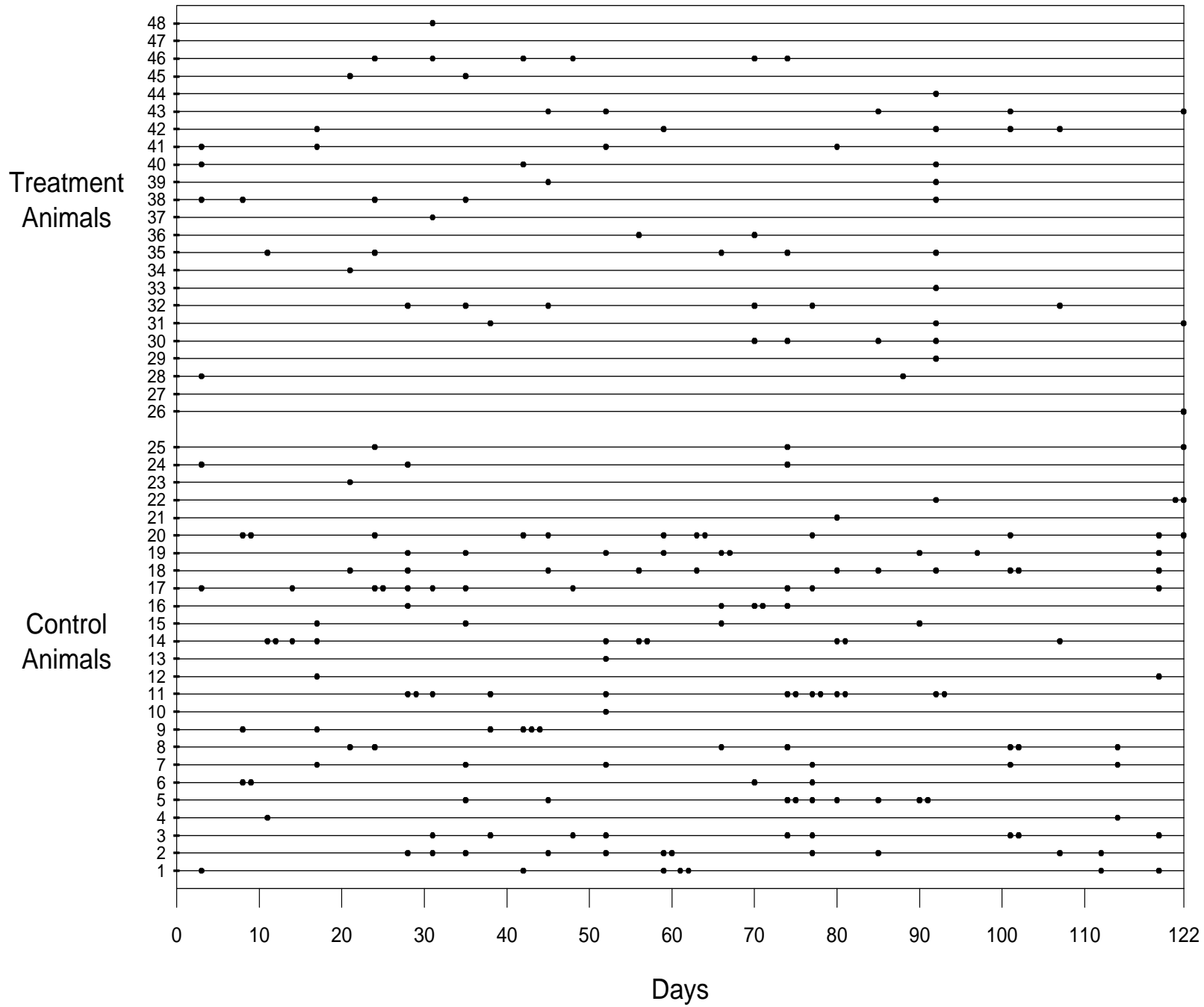
rate of occurrence function:  $\rho_i(t) = \mu_i'(t)$

## 2. Some examples

- Mammary tumors in a carcinogenicity study (Gail et al. 1980)
  - Treatment ( $n = 23$ ) and control ( $n = 25$ ) groups of female rats, each exposed to a carcinogen
  - Animals followed for 122 days and times of occurrence of new tumors were recorded (see figure).

$$\bar{N}_T(122) = 2.65 \quad \bar{N}_c(122) = 6.04$$

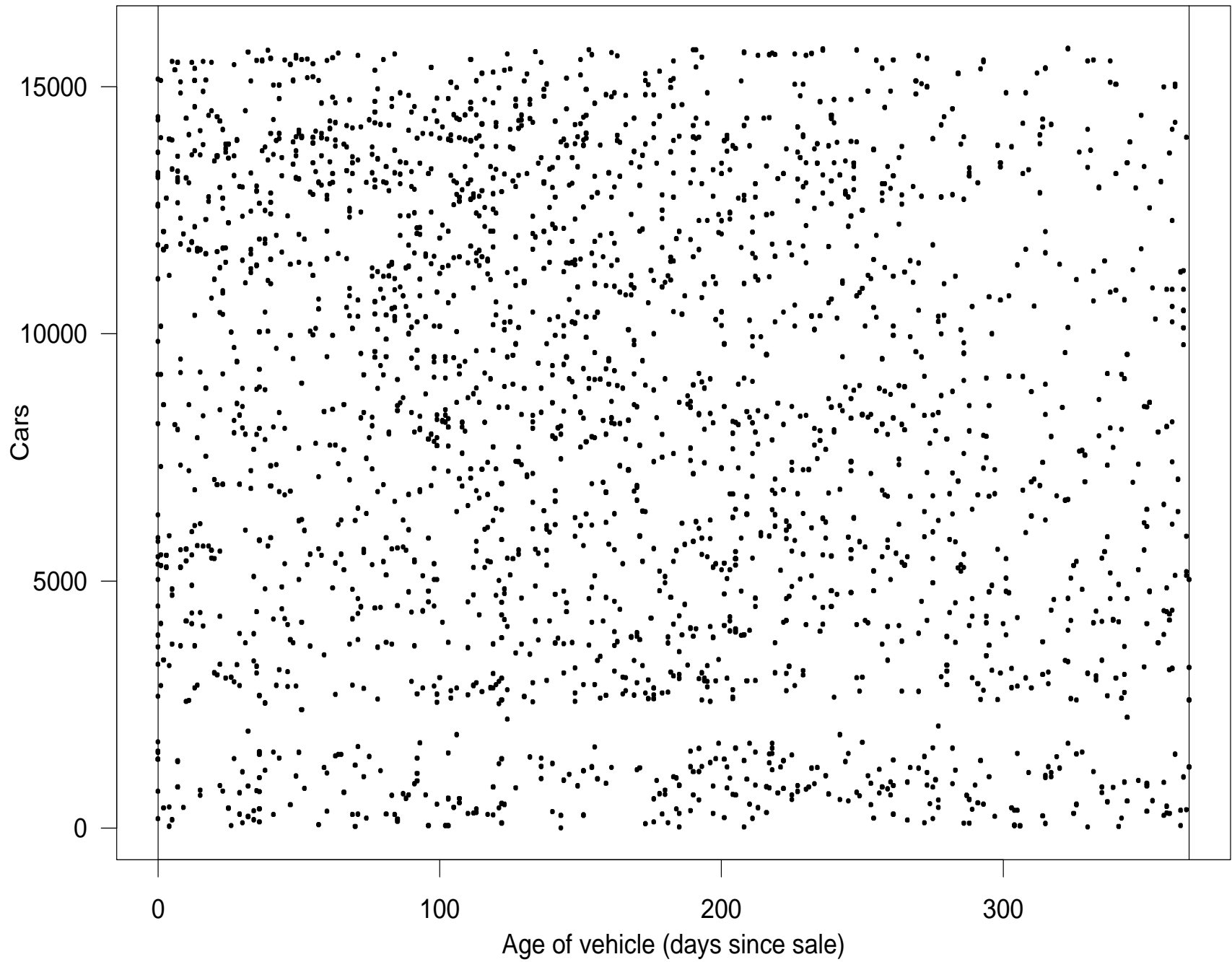
- Objective is to compare treatment groups with respect to the frequency of tumor occurrence



- RCT for treatment of Herpes Simplex Virus (HSV) infections
  - 48 week multi-center crossover trial for persons with HSV infections (Romanowski et al. 2003)
  - Patients randomized to two treatment groups
    - A: suppressive treatment for weeks 1 - 24, then episodic treatment for weeks 25 - 48
    - B: episodic treatment for weeks 1 - 24; suppressive for weeks 25 - 48
  - Other explanatory variables include age, sex, race, virus type, history re previous occurrences



- Automobile warranty claims
  - data on warranty claims (under a 1-year, 12,000-mile warranty) for 38,401 cars of one model type
  - “time” scale could be age (days since sale of vehicle) or mileage
  - variable lengths of followup, according to date of sale of vehicle and date of analysis
  - plot shows ages of claims for 15,775 cars which have 1 year of followup
- Objectives include comparison of claims for vehicles manufactured in different time periods or locations; predictive modeling; early detection of problems



### 3. Regression methodology for mean and rate functions

- Individuals  $i = 1, \dots, m$  with covariate vectors  $x_i$  or (if time-varying)  $x_i(t)$ ,  $t \geq 0$
- Denote times of events for individual  $i$  as  $t_{i1}, t_{i2}, \dots$
- Conditional on covariates, let

$$\mu_i(t) = E \{N_i(t)\} \quad \rho_i(t) = \mu_i'(t)$$

- Common model:

$$\rho_i(t) = \rho_0(t) \exp(x_i(t)' \beta) \quad (1)$$

$$\mu_i(t) = \int_0^t \rho_i(u) du$$

- If  $x_i(t) = x_i$  then  $\mu_i(t) = \mu_0(t) \exp(x_i' \beta)$

## Approaches to Modelling and Analysis

- Process intensity functions: let  $H_i(t)$  be the history of events and covariates up to time  $t$ . Then

$$\lambda_i(t) = \lim_{\Delta t \rightarrow 0} \frac{\Pr \{N_i(t + \Delta t) - N_i(t) = 1 | H_i(t)\}}{\Delta t}$$

is called the **intensity function**.

- In continuous time, assume two events cannot occur simultaneously.
- If individual  $i$  is observed over a specified time interval  $(0, \tau_i)$  then the probability density for the outcome “ $n_i$  events, at times  $t_{i1} < t_{i2} < \dots < t_{in_i}$ ” ( $n_i \geq 0$ ) is

$$\left\{ \prod_{j=1}^{n_i} \lambda_i(t_{ij}) \right\} \exp \left\{ - \int_0^{\tau_i} \lambda_i(u) du \right\}. \quad (2)$$

- Approach 1: Specify a model for  $\lambda_i(t)$  and use (2) to get the likelihood function and MLEs.

e.g. Poisson process:  $\lambda_i(t) = \rho_i(t) =$  rate function

e.g. Negative binomial process: “includes” Poisson process

$$\lambda_i(t) = \left\{ \frac{1 + \phi N_i(t-)}{1 + \phi \mu_i(t-)} \right\} \rho_i(t)$$

- Approach 2: To reduce model misspecification problems, just model the mean and rate functions e.g.

$$\rho_i(t) = \rho_0(t) \exp(x_i' \beta) \quad (3)$$

**without** assuming the process is Poisson or any other specific process.

- Approach 2 is sometimes called “robust”

## Robustness of Poisson process estimators

- If  $\lambda_i(t) = \rho_i(t; \theta)$  then from (2) the log likelihood estimating equations from  $m$  independent individuals  $i = 1, \dots, m$  are

$$U(\theta) = \frac{\partial \ell(\theta)}{\partial \theta} = \sum_{i=1}^m \left\{ \sum_{j=1}^{n_i} \frac{\partial \log \rho_i(t_{ij}; \theta)}{\partial \theta} - \int_0^{\tau_i} \frac{\partial \rho_i(t; \theta)}{\partial \theta} dt \right\}$$

- Trick: re-write  $U(\theta)$  as

$$U(\theta) = \sum_{i=1}^m \int_0^{\tau_i} \frac{\partial \log \rho(t; \theta)}{\partial \theta} \{dN_i(t) - \rho_i(t; \theta)dt\} \quad (4)$$

NOTE:  $E\{U(\theta)\} = 0$  even if process is not Poisson.

- Approach 2 is similar to generalized estimating equation (GEE) methods where only means (and sometimes variances) are modelled. (Reference: Lawless and Nadeau, Technometrics 1995)
- This methodology is available for models (1) and (3) in R,S-PLUS and SAS, for the case where  $\rho_0(t)$  is not specified parametrically.
  - When the process is a Poisson process this is called the Andersen-Gill (AG) model.
  - It is similar to the Cox model in survival analysis, and software for the Cox model (e.g. `coxph`, `phreg`) has been extended to cover both the AG model and robust estimation for (1) and (3).

## 4. Illustrations

- Mammary tumors in rats

$x_i = 0$  if animal in control group and  $= 1$  if in treatment group.

$$\rho_i(t) = \rho_0(t) \exp(\beta x_i) \quad \mu_i(t) = \mu_0(t) \exp(\beta x_i)$$

Note:  $\exp(\beta) = \frac{\text{treatment } \rho(t)}{\text{control } \rho(t)} = \frac{\text{treatment } \mu(t)}{\text{control } \mu(t)}$

- Following slide shows S-PLUS/R data frame and code

$$\hat{\beta} = -0.82, \text{ Poisson s.e.} = 0.15, \text{ robust s.e.} = 0.21.$$

$$\exp(\hat{\beta}) = .44$$

- Model checking can be carried out



The data for the first three rats in the treated group are displayed below in the so-called "counting process" format.

```
> rats[1:5, ]
  id start stop status  enum trt
1  1     0  122     1     1  1
2  2     0  122     0     1  1
3  3     0   3     1     1  1
4  3     3   88     1     2  1
5  3    88  122     0     3  1
```

### Robust Semiparametric Analysis

```
coxph(Surv(start,stop,status) ~ trt + cluster(id),
      data=rats, method="breslow")
n= 254
      coef exp(coef) se(coef) robust se      z      p
trt -0.815774  0.442297 0.151836  0.19809 -4.11819 3.8186e-05

      exp(coef) exp(-coef) lower .95 upper .95
trt  0.442297    2.26092  0.299985  0.652122

Likelihood ratio test= 31.69 on 1 df, p=1.81146e-08
Wald test              = 16.96 on 1 df, p=3.8186e-05
Score (logrank) test = 30.54 on 1 df, p=3.26554e-08, Robust = 11.2
p=0.000816617
```

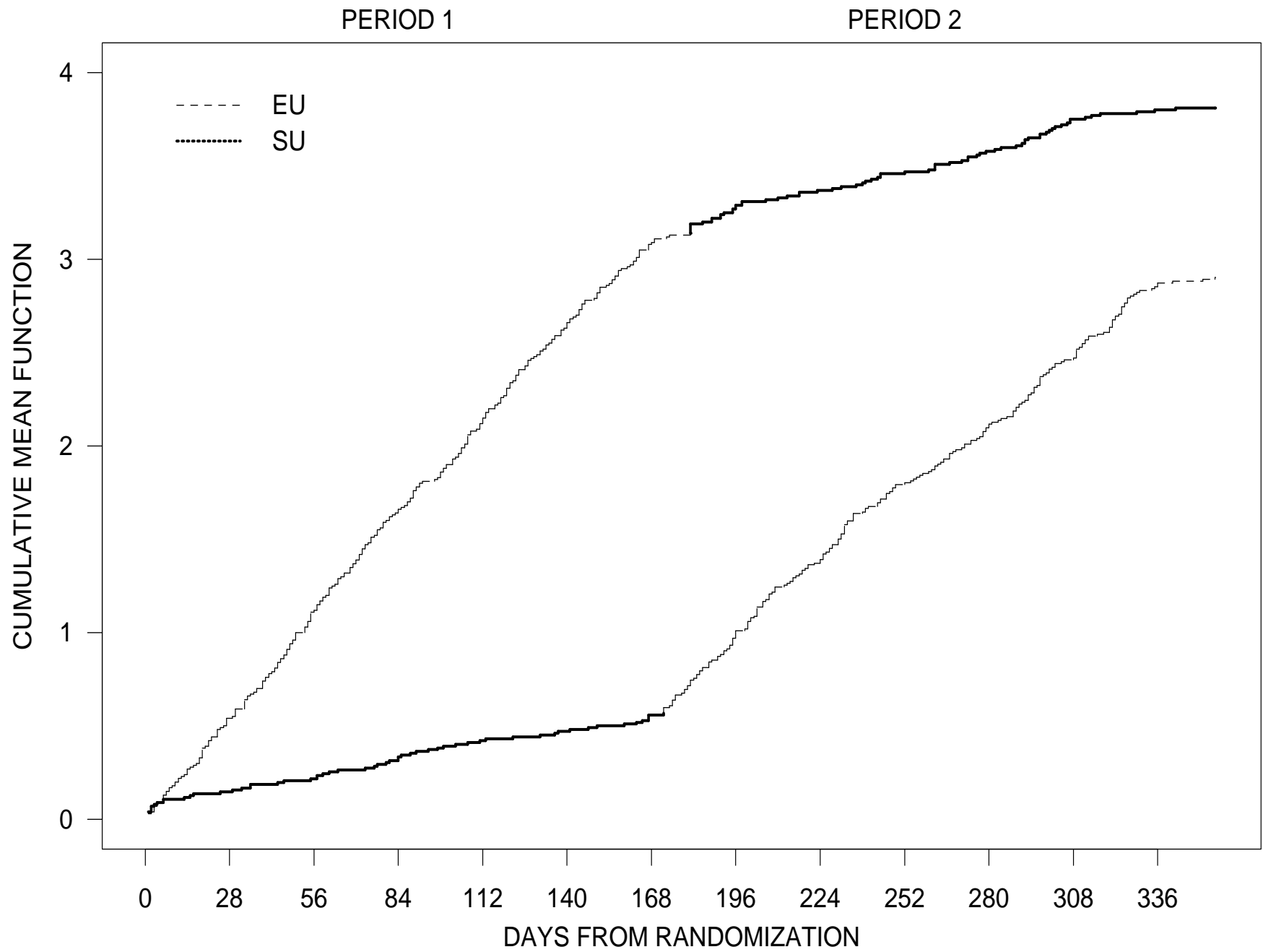
(Note: the likelihood ratio and score tests assume independence of observations within a cluster, the Wald and robust score tests do not).

## RCT for Treatment of Herpes Simplex Virus Infections

- 48-week crossover trial (Romanowski et al. 2003)
  - Group A: Suppressive then episodic therapy (24 weeks each)
  - Group B: Episodic then suppressive
- Episodic therapy - 1000 gms/day of valcyclovir only during an outbreak
- Suppressive therapy - 500 gms/day every day; switch to 1000 gms/day during an outbreak
- Plot of estimated MCF's for Groups A and B, ignoring covariates (figure)
- Regression analysis:
  - $x_1(t) = I$  (on suppressive regime)
  - $x_2(t)$  measures carryover effect of Suppressive Therapy in period 2 for Group A subjects

Covariate	$\hat{\beta}$	Robust SE	Z
Suppressive regime	- 1.58	0.11	- 14.6
Suppressive carryover	- 0.28	0.21	- 1.34
Age (years)	0.0007	0.0007	1.00
Sex ( $M = 1$ )	- 0.14	0.12	- 1.13
Race 1 (Hispanic vs White)	- 1.13	0.71	- 1.60
Race 2 (Asian vs White)	- 1.33	1.19	- 1.11
Virus type	0.20	0.11	1.79
Occurrences in prev. year	0.071	0.025	2.84

# ALL PATIENTS



## 5. Extensions and Needed Development

- Robust estimation methods require the end-of-followup times  $\tau_i$  to be independent of the recurrent events.

Reason: robust method uses estimating equations (4),

$$U(\theta) = \sum_{i=1}^m \int_0^{\infty} Y_i(t) \frac{\partial \log \rho_i(t)}{\partial \theta} \{dN_i(t) - \rho_i(t; \theta)dt\} = 0$$

where  $Y_i(t) = I(t \leq \tau_i)$ .

- If  $\{Y_i(t), t \geq 0\}$  is independent of  $\{N_i(t), t \geq 0\} = 0$  then

$$E\{U(\theta)\} = 0 \text{ since } E\{dN_i(t)\} = \rho_i(t; \theta)dt.$$

- Not true that  $E\{U(\theta)\} = 0$  more generally.

- New approach: Use “inverse probability of censoring” weights

$$\pi_i(t) = \Pr \{Y_i(t) = 1 | H_i(t)\}$$

$$U_{iw}(\theta) = \int_0^\infty \frac{Y_i(t)}{\pi_i(t)} \frac{\partial \log \rho_i(t)}{\partial \theta} \{dN_i(t) - \rho_i(t; \theta)dt\}$$

- Note  $E\{U_{iw}(\theta)\} = 0$  by taking  $E_{H_i}E_{Y_i|H_i}$   
Cook and Lawless (2007)
- Intermittent observation: individuals observed at discrete time points so exact event times are not known.
  - parametric models are OK, but semiparametric model considered here is more difficult.

- Prediction of future events or costs

e.g. Warranty claims, medical costs, software testing and debugging

- Robust methods can produce only “point” predictions and estimates of rate or mean functions at future times
- To get prediction intervals we require a probability model, which takes us beyond the present discussion

- Probability models

- Poisson models with unit-level random effects, e.g.

$$\mu_i(t|u_i, x_i) = \mu_0(t)u_i \exp(\beta'x_i)$$

coxph with frailty(unit) option

Quite robust; mimics robust analysis in many cases

- Event intensity models: condition on past event history  $H_i(t)$ , e.g.

$$\lambda_i(t|x_i, H_i(t)) = \lambda_0(t) \exp(\beta'x_i + \gamma N_i(t-))$$



## Final Remarks

- Robust methods discussed here are very useful when we wish to assess baseline covariates or treatments in randomized experiments
- Also valuable in observational studies for describing effects of fixed or external time-varying covariates
- More generally, intensity modelling is used to examine the dynamics of a process (effect of past event history on subsequent event occurrence)

e.g. 
$$\lambda_i(t) = \lambda_0(t) \exp(x_i' \beta + \gamma N_i(t-))$$

Cook and Lawless (2007): wide range of methods